

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div><div>Locations Legend</div><div>Great Room (GR) Activity Room (AR) Theatre (TH) Games Room (GAMR) Art Room (ART) Front Desk (FD) Pavilion Rooftop Patio (PATI) Country Kitchen (CK) Resident led activity (*) (\$) denotes payment required activity</div></div></div>	<div><div>10:30 Crosswords & Activity Sheets* (GR) 1</div><div>2:00 Board Games* (GR) 3:00 Knitting Group* (GR) 7:00 DOCUMENTARY SERIES: Tales by Light - S2 "Misunderstood Predators Part 1 & 2" (TH)</div><div>Labour Day</div></div>	<div><div>10:00 Chair Pilates Exercise with Jenn (AR) 2</div><div>10:45 A Picture is Worth a 1000 Words (GR) 1:30 Horse Racing (GR) 3:00 Yahtzee Game! (GR) 6:30 Card Game Night* (GR)</div></div>	<div><div>9:00 Rides for Medical Appointments (FD) 3</div><div>10:00 Falls Prevention Exercise with Dr. McNeill (AR) 10:45 Jeopardy Trivia (GR) 1:00 BUS: Shopping at Tillicum Mall (AR) 2:00 Bingo (GR) 3:15 Coffee Chat (GR) 7:00 MOVIE: Yesterday (TH)</div></div>	<div><div>10:00 Exercise (AR) 4</div><div>10:45 Word Games (AR) 2:30 Grand Opening of the Pavilion Rooftop Patio Happy Hour ft Brian Porter (PATI) 3:30 Pool Game* (GAMR) 7:00 NEW SERIES: Sweet Magnolias (TH)</div></div>	<div><div>10:00 Chair Yoga with Kathy (AR) 5</div><div>10:45 Scrabble Board Game (GR) 1:00 Crib Tournament* (GR) 2:00 Seated Balloon Badminton (AR) 3:00 Knitting Group* (GR) 3:00 Music Bingo (GR) 6:00 Victoria Youth Music Group (GR) 7:00 SERIES: Parenthood (TH)</div></div>	<div><div>10:00 Balls & Bands (AR) 6</div><div>10:45 Fit Minds (AR) 1:00 BUS: Sip & Stroll Oak Bay Marina Walk & Café (\$) (AR) 2:00 Game of Things (GR) 3:00 ART: Origami - Japanese Folding Art (ART) 7:00 MOVIE: The Thursday Murder Club (TH)</div></div>
<div><div>9:30 United Church Service Video (TH) 7</div><div>10:00 Crosswords & Activity Sheets* (GR) 2:00 Board Games* (GR) 3:00 History Presentation with Eric: Canadian History Series (TH) 7:00 SERIES: Star Trek - The Next Generation (TH)</div></div>	<div><div>10:00 Exercise - led by resident Joyce* (AR) 8</div><div>10:45 September Trivia (GR) 1:00 - 3:00pm Art Exploration with Cynthia (ART) 1:30 Horse Racing (GR) 2:30 Bingo (GR) 3:00 Knitting Group* (GR) 7:00 DOCUMENTARY SERIES: Tales by Light - S3 "Paradise in Peril Part 1 & 2" (TH)</div></div>	<div><div>10:00 Chair Pilates Exercise with Jenn (AR) 9</div><div>10:45 You be the Judge (GR) 2:00 New Resident Wine & Cheese Social ft Jesse Thomas Brown (GR) 3:15 Matching Cards Memory Game (GR) 6:30 Card Game Night* (GR)</div></div>	<div><div>9:00 Rides to Medical Appointments 10</div><div>10:00 Falls Prevention Exercise with Dr. McNeill (AR) 1:00 BUS: Shopping at Hillside Mall/Walmart (AR) 2:00 Bingo (GR) 3:00 Upwords Board Game (GR) 7:00 MOVIE: Miracles from Heaven (TH)</div></div>	<div><div>8:00 Hearing Aid Cleaning Pick Up (FD) 11</div><div>10:00 Exercise (AR) 10:45 Spec Savers Information Session & Eye Glass Cleaning (TH) 2:30 Western Cowboy Happy Hour ft One Wheel Band Trio (GR) 3:30 Shuffleboard* (GAMR) 7:00 NEW SERIES: Sweet Magnolias (TH)</div></div>	<div><div>10:00 Chair Yoga with Kathy (AR) 12</div><div>10:45 Who or What Am I? Trivia (GR) 1:30 Horse Racing (GR) 3:00 Knitting Group* (GR) 3:00 Music Bingo (GR) 7:00 SERIES: Parenthood (TH)</div></div>	<div><div>10:00 Balls & Bands (AR) 13</div><div>10:45 Fit Minds (AR) 2:00 Making Music with Hand Drums & Percussion (AR) 3:00 Chocolate Lover's Dice Game (GR) 7:00 MOVIE: Peace By Chocolate (TH)</div><div>International Chocolate Day</div></div>
<div><div>9:30 United Church Service Video (TH) 14</div><div>10:00 Crosswords & Activity Sheets* (GR) 2:00 MATINEE SERIES: North of North Ep 1, 2 & 3 (TH) 3:00 Board Games* (GR) 7:00 SERIES: Star Trek - The Next Generation (TH)</div><div>Grandparents Day</div></div>	<div><div>10:00 Chair Tai Chi with Brenda (AR) 15</div><div>12:00 - 2:00pm Casual Chic Mobile Fashion Boutique Sale (GAMR) 2:30 Bingo - resident led by Bruce* (GR) 3:00 Knitting Group* (GR) 7:00 DOCUMENTARY SERIES: Tales by Light - S3 "Preserving Indigenous Culture Part 1 & 2" (TH)</div></div>	<div><div>10:00 Chair Pilates Exercise with Jenn (AR) 16</div><div>10:45 Upwords Board Game (GR) 2:00 Victorian Vogue Fashion Show (GR) 2:45 P.A.T.S. Dog Visit (GR) 3:15 Grandparents Day Tea & Scones Social (GR) 6:30 Card Game Night* (GR)</div></div>	<div><div>9:00 Rides for Medical Appointments (FD) 17</div><div>10:00 Falls Prevention Exercise with Dr. McNeill (AR) 10:45 Jeopardy Trivia (GR) 1:00 BUS: Shopping at Westshore Mall (AR) 1:30 Dr. Govender Talk: Alzheimer's (TH) 2:30 Bingo (GR) 7:00 MOVIE: Clear & Present Danger (TH)</div></div>	<div><div>10:00 Exercise (AR) 18</div><div>10:45 Scrabble Board Game (GR) 2:30 Happy Hour ft Joyz & the Boy (GR) 3:30 Pool Game* (GAMR) 7:00 NEW SERIES: Sweet Magnolias (TH)</div></div>	<div><div>10:00 Chair Yoga with Kathy (AR) 19</div><div>10:45 Shut the Box! Board Game (GR) 1:00 Crib Tournament* (GR) 2:00 CRAFT: Button Bracelets (ART) 3:00 Knitting Group* (GR) 3:00 Music Bingo (GR) 7:00 SERIES: Parenthood (TH)</div><div>Talk Like a Pirate Day</div></div>	<div><div>10:00 Exercise - led by resident Joyce* (AR) 20</div><div>10:00 Crosswords & Activity Sheets* (GR) 1:00 BUS: Scenic Drive Fairfield (AR) 2:00 Meet in the Great Room for Coffee & Conversation* (GR) 7:00 MOVIE: A Tourist's Guide to Love (TH)</div></div>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div> <div>9:30 United Church Service Video (TH)</div> <div>21</div> </div> <div> <div>10:00 Crosswords & Activity Sheets* (GR)</div> <div></div> </div> <div> <div>2:00 MATINEE SERIES: North of North Ep 4, 5 & 6 (TH)</div> <div></div> </div> <div> <div>3:00 Board Games* (GR)</div> <div></div> </div> <div> <div>7:00 SERIES: Star Trek - The Next Generation (TH)</div> <div></div> </div> <div> <div>International Day of Peace</div> <div>  </div> </div> </div>	<div> <div> <div>10:00 Exercise - led by resident Joyce* (AR)</div> <div>22</div> </div> <div> <div>10:45 Trivia (GR)</div> <div></div> </div> <div> <div>1:00 - 3:00pm Art Exploration with Cynthia (ART)</div> <div></div> </div> <div> <div>1:30 Horse Racing (GR)</div> <div></div> </div> <div> <div>2:30 Bingo (GR)</div> <div></div> </div> <div> <div>3:00 Knitting Group* (GR)</div> <div></div> </div> <div> <div>7:00 DOCUMENTARY: Sunday Best (TH)</div> <div></div> </div> <div> <div>First Day of Autumn</div> <div>  </div> </div> </div>	<div> <div> <div>10:00 Chair Pilates Exercise with Jenn (AR)</div> <div>23</div> </div> <div> <div>10:45 Show & Share (GR)</div> <div></div> </div> <div> <div>1:30 Town Hall Meeting (GR)</div> <div></div> </div> <div> <div>2:30 September Birthday Social ft Peter Rossetti (GR)</div> <div></div> </div> <div> <div>3:30 Seniors Support Discussion Group* (CK)</div> <div></div> </div> <div> <div>6:30 Card Game Night* (GR)</div> <div></div> </div> </div>	<div> <div> <div>9:00 Rides to Medical Appointments</div> <div>24</div> </div> <div> <div>10:00 Falls Prevention Exercise with Dr. McNeill (AR)</div> <div></div> </div> <div> <div>10:45 Jeopardy Trivia (GR)</div> <div></div> </div> <div> <div>11:00 BUS: Lunch at Merridale Cidery in Cobble Hill (\$) (AR)</div> <div></div> </div> <div> <div>2:00 Bingo (GR)</div> <div></div> </div> <div> <div>3:15 Coffee Chat (GR)</div> <div></div> </div> <div> <div>7:00 MOVIE: Radio (TH)</div> <div></div> </div> </div>	<div> <div> <div>10:00 Exercise (AR)</div> <div>25</div> </div> <div> <div>10:45 Word Games (AR)</div> <div></div> </div> <div> <div>2:30 Cops for Cancer Fundraising Happy Hour ft Seabreeze (GR)</div> <div></div> </div> <div> <div>3:30 Shuffleboard* (GAMR)</div> <div></div> </div> <div> <div>7:00 NEW SERIES: Sweet Magnolias (TH)</div> <div></div> </div> <div> <div>Cops for Cancer Tour de Rock Sept 20 - Oct 3</div> <div></div> </div> </div>	<div> <div> <div>10:00 Chair Yoga with Kathy (AR)</div> <div>26</div> </div> <div> <div>10:45 Who or What Am I? Trivia (GR)</div> <div></div> </div> <div> <div>1:30 Horse Racing (GR)</div> <div></div> </div> <div> <div>3:00 Knitting Group* (GR)</div> <div></div> </div> <div> <div>3:00 Music Bingo (GR)</div> <div></div> </div> <div> <div>7:00 SERIES: Parenthood (TH)</div> <div></div> </div> </div>	<div> <div> <div>10:00 Drumfit Exercise (AR)</div> <div>27</div> </div> <div> <div>10:45 Fit Minds (AR)</div> <div></div> </div> <div> <div>2:00 Target Practice (GR)</div> <div></div> </div> <div> <div>3:00 ART: Paint & Wine (ART)</div> <div></div> </div> <div> <div>7:00 MOVIE: Away From Her (TH)</div> <div></div> </div> </div>
<div> <div> <div>9:30 United Church Service Video (TH)</div> <div>28</div> </div> <div> <div>10:00 Crosswords & Activity Sheets* (GR)</div> <div></div> </div> <div> <div>2:00 MATINEE SERIES: North of North Ep 7 & 8 (TH)</div> <div></div> </div> <div> <div>3:00 Board Games* (GR)</div> <div></div> </div> <div> <div>7:00 SERIES: Star Trek - The Next Generation (TH)</div> <div></div> </div> </div>	<div> <div> <div>10:00 Chair Tai Chi with Brenda (AR)</div> <div>29</div> </div> <div> <div>10:45 Trivia (GR)</div> <div></div> </div> <div> <div>1:30 Horse Racing (GR)</div> <div></div> </div> <div> <div>2:30 Bingo (GR)</div> <div></div> </div> <div> <div>3:00 Knitting Group* (GR)</div> <div></div> </div> <div> <div>7:00 DOCUMENTARY: Kangaroo Valley (TH)</div> <div></div> </div> </div>	<div> <div> <div>10:00 Chair Pilates Exercise with Jenn (AR)</div> <div>30</div> </div> <div> <div>10:45 Matching Cards Memory Game* (GR)</div> <div></div> </div> <div> <div>2:00 Indigenous Culture & Conversation Led by Louise* (GR)</div> <div></div> </div> <div> <div>6:30 Card Game Night* (GR)</div> <div></div> </div> <div> <div>National Day for Truth and Reconciliation Orange Shirt Day</div> <div></div> </div> </div>	<div> <div>  </div> </div>	<div> <div> <div>TUCK SHOP</div> <div>Monday, Wednesday & Friday</div> <div>2:00pm - 3:00pm</div> <div>BINGO 25 cents per card</div> <div>HORSE RACING 10 cents per race</div> <div>HAPPY HOUR \$2 per drink donation</div> </div> </div>		
<div>  </div>	<div> <div>Happy Grandparents Day</div> <div>  </div> </div>		<div> <div>hello September</div> <div>  </div> </div>		<div> <div>WORLD ALZHEIMER'S MONTH</div> <div>  </div> </div>	