


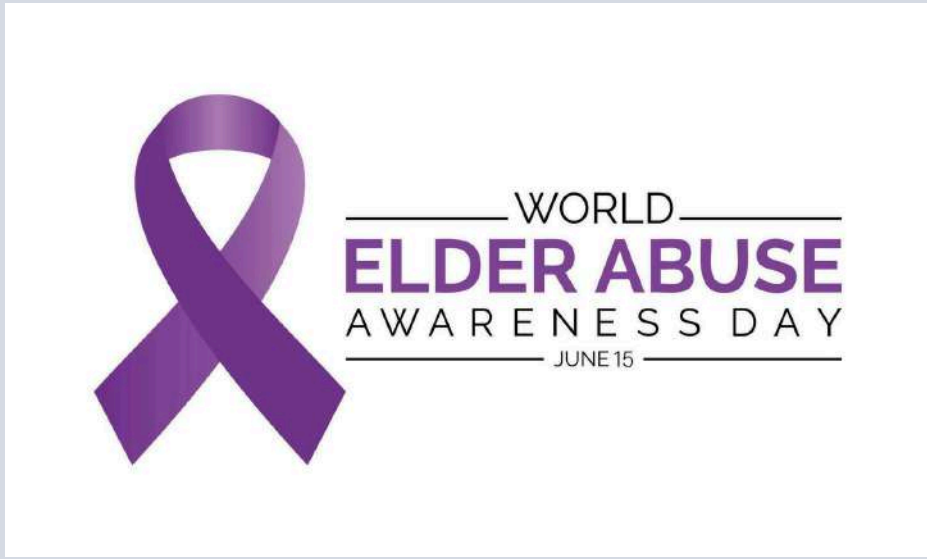


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>9:30 United Church Service Video (TH) 1</div> <div>10:00 Crosswords & Activity Sheets* (GR)</div> <div>2:00 MATINEE: Lonely Planet (TH)</div> <div>3:00 Board Games* (GR)</div> <div>7:00 SERIES: Mad Men (TH)</div> <div>BC Seniors' Week June 1-7</div>	<div>10:00 Chair Tai Chi with Brenda (AR) 2</div> <div>10:45 Meet Michelle in the Great Room for Coffee & Conversation (GR)</div> <div>2:00 Ping Pong* (AR)</div> <div>2:30 Bingo - resident led* (GR)</div> <div>3:00 Knitting Group* (GR)</div> <div>7:00 DOCUMENTARY: Life in Colour with David Attenborough Ep 1 & 2 (TH)</div>	<div>10:00 Chair Pilates Exercise with Jenn (AR) 3</div> <div>10:45 A Picture is Worth a 1000 Words (GR)</div> <div>2:00 Wine & Cheese Social ft Byron Woods (GR)</div> <div>3:00 Seniors Support Discussion Group (CK)</div> <div>6:30 Card Game Night* (GR)</div>	<div>9:00 Rides to Medical Appointments 4</div> <div>10:00 Falls Prevention Exercise with Dr. McNeill (AR)</div> <div>10:45 Jeopardy Trivia (GR)</div> <div>1:00 BUS: Shopping at Tillicum Mall (AR)</div> <div>2:00 Bingo (GR)</div> <div>3:15 Sing-a-long in the Theatre (TH)</div> <div>7:00 MOVIE: Lost City of Z (TH)</div>	<div>10:00 Exercise (AR) 5</div> <div>10:45 Word Games (AR)</div> <div>12:00 - 2:00pm Sweet Soles Footwear Sale (GAMR)</div> <div>2:30 Happy Hour ft Brian Porter (GR)</div> <div>3:30 Shuffleboard* (GAMR)</div> <div>7:00 SERIES: The Lincoln Lawyer (TH)</div>	<div>10:00 Chair Yoga with Kathy (AR) 6</div> <div>10:45 Who or What Am I? Trivia (GR)</div> <div>1:30 Horse Racing (GR)</div> <div>3:00 Knitting Group* (GR)</div> <div>3:00 Music Bingo (GR)</div> <div>6:00 Victoria Youth Music Group (GR)</div> <div>7:00 SERIES: This Is Us (TH)</div>	<div>10:00 Balls & Bands (AR) 7</div> <div>10:30 History Presentation with Eric: Canadian History Series (TH)</div> <div>1:00 BUS: Scenic Drive Brentwood Bay (AR)</div> <div>1:45 Fit Minds (AR)</div> <div>3:00 Target Practice (GR)</div> <div>7:00 MOVIE: The Life List (TH)</div>
<div>9:30 United Church Service Video (TH) 8</div> <div>10:00 Crosswords & Activity Sheets* (GR)</div> <div>2:00 MATINEE: The Dig (TH)</div> <div>3:00 Board Games* (GR)</div> <div>7:00 SERIES: Mad Men (TH)</div>	<div>10:00 Gentle Fit & Stretch (AR) 9</div> <div>10:45 June Trivia (GR)</div> <div>1:00 - 3:00pm Art Exploration with Cynthia (AR)</div> <div>1:30 Horse Racing (GR)</div> <div>2:30 Bingo (GR)</div> <div>3:00 Knitting Group* (GR)</div> <div>7:00 DOCUMENTARY SERIES: Chef's Table Legends Ep 1 & 2 (TH)</div>	<div>10:00 Chair Pilates Exercise with Jenn (AR) 10</div> <div>10:45 Matching Cards Memory Game (GR)</div> <div>2:00 Yahtzee Game NEW! (GR)</div> <div>3:15 Iced Tea in the Courtyard (COUR)</div> <div>6:30 Card Game Night* (GR)</div> <div>National Iced Tea Day</div>	<div>9:00 Rides to Medical Appointments & Swimming at Crystal Pool 11</div> <div>10:00 Falls Prevention Exercise with Dr. McNeill (AR)</div> <div>10:45 Jeopardy Trivia (GR)</div> <div>1:00 BUS: Shopping at Hillside Mall/Walmart (AR)</div> <div>2:00 Bingo (GR)</div> <div>3:15 Coffee Chat (GR)</div> <div>7:00 MOVIE: The Beautiful Game (TH)</div>	<div>8:00 Hearing Aid Cleaning Pick Up (FD) 12</div> <div>9:00 Spec Savers Complimentary Eye Glass Cleaning & Repair Service (GR)</div> <div>10:00 Exercise (AR)</div> <div>10:45 Game of Things (GR)</div> <div>1:30 Food Meeting with Kevin (CAFE)</div> <div>2:30 Happy Hour ft Whisky Jack (GR)</div> <div>3:30 Pool Game* (GAMR)</div> <div>7:00 SERIES: The Lincoln Lawyer - last episodes (TH)</div>	<div>10:00 Chair Yoga with Kathy (AR) 13</div> <div>10:45 Rapid Rumble Game (GR)</div> <div>1:00 Crib Tournament* (GR)</div> <div>2:00 ART: Drawing for Fun! (ART)</div> <div>3:00 Knitting Group* (GR)</div> <div>3:00 Music Bingo (GR)</div> <div>7:00 SERIES: This Is Us (TH)</div>	<div>10:00 Drumfit Exercise (AR) 14</div> <div>11:30 MEN'S GROUP: Hot Dog Roast (COUR)</div> <div>2:00 Seated Balloon Volleyball (AR)</div> <div>3:00 CRAFT: Rock Painting (ART)</div> <div>7:00 MOVIE: About My Father (TH)</div>
<div>9:30 United Church Service Video (TH) 15</div> <div>10:00 Crosswords & Activity Sheets* (GR)</div> <div>2:30 MEN'S GROUP MATINEE & SNACKS: "The Battered Bastards of Baseball" (TH)</div> <div>3:00 Board Games* (GR)</div> <div>7:00 SERIES: Mad Men (TH)</div> <div>Father's Day Rib Dinner</div> <div></div>	<div>10:00 Chair Tai Chi with Brenda (AR) 16</div> <div>10:45 Father's Day Trivia (GR)</div> <div>1:30 Horse Racing (GR)</div> <div>2:30 Bingo (GR)</div> <div>3:00 Knitting Group* (GR)</div> <div>7:00 DOCUMENTARY SERIES: Chef's Table Legends Ep 3 & 4 (TH)</div>	<div>10:00 Chair Pilates Exercise with Jenn (AR) 17</div> <div>10:45 You be the Judge (GR)</div> <div>1:45 Town Hall Meeting (GR)</div> <div>2:30 Towel Animals Folding Demonstration (GR)</div> <div>2:45 P.A.T.S. Dog Visit (GR)</div> <div>3:00 Seniors Support Discussion Group (CK)</div> <div>6:30 Card Game Night* (GR)</div>	<div>9:00 Rides to Medical Appointments 18</div> <div>10:00 Falls Prevention Exercise with Dr. McNeill (AR)</div> <div>10:45 Jeopardy Trivia (GR)</div> <div>11:00 BUS: Picnic Lunch & Shopping in Sidney (AR)</div> <div>1:30 Dr. Govender Talk: Managing Blood Pressure (TH)</div> <div>2:30 Bingo (GR)</div> <div>7:00 MOVIE: The Zookeeper's Wife (TH)</div> <div>International Picnic Day</div>	<div>10:00 Exercise (AR) 19</div> <div>10:45 Best Places of the Phillipines Video (AR)</div> <div>2:15 Filipino Calamansi Rickey Cocktails (GR)</div> <div>2:30 Happy Hour ft Sean McCool (GR)</div> <div>3:30 Shuffleboard* (GAMR)</div> <div>7:00 NEW SERIES: Sullivan's Crossing (TH)</div> <div>Filipino Festival Day with special dinner</div>	<div>10:00 Chair Yoga with Kathy (AR) 20</div> <div>10:45 Who or What Am I? Trivia (GR)</div> <div>1:30 Horse Racing (GR)</div> <div>3:00 Knitting Group* (GR)</div> <div>3:00 Music Bingo (GR)</div> <div>7:00 SERIES: This Is Us (TH)</div> <div>Summer Solstice</div>	<div>10:00 Balls & Bands (AR) 21</div> <div>10:45 Fit Minds (AR)</div> <div>1:00 BUS: Sip n' Stroll - Moka House/Cadboro Bay Park (AR)</div> <div>2:00 Making Music with Hand Drums & Percussion (AR)</div> <div>3:15 Indigenous Show & Share (GR)</div> <div>7:00 DOCUMENTARY: Totem: The Return of the G'psgolox Pole (TH)</div> <div>National Indigenous Peoples Day</div>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 United Church Service Video (TH) 22 10:00 Crosswords & Activity Sheets* (GR) 2:00 MATINEE: The Vow (TH) 3:00 Board Games* (GR) 7:00 SERIES: Mad Men (TH)	10:00 Gentle Fit & Stretch (AR) 23 10:45 Trivia (GR) 1:00 - 3:00pm Art Exploration with Cynthia (AR) 1:30 Horse Racing (GR) 2:30 Bingo (GR) 3:00 Knitting Group* (GR) 7:00 DOCUMENTARY SERIES: Our Great National Parks Ep 1 & 2 (TH)	10:00 Chair Pilates Exercise with Jenn (AR) 24 10:45 Show & Share (GR) 12:00 - 2:00pm Summer Bling Mobile Jewelry Sale (GAMR) 2:00 Birthday Social ft Michael Majocha (GR) 3:15 ART: Colouring (GR) 6:30 Card Game Night* (GR)	9:00 Rides to Medical Appointments & Swimming at Crystal Pool 25 10:00 Falls Prevention Exercise with Dr. McNeill (AR) 10:45 Jeopardy Trivia (GR) 11:00 BUS: Lunch at Church & State Winery (AR) 2:00 Bingo (GR) 3:15 Coffee Chat (GR) 7:00 MOVIE: Murder Mystery (TH)	10:00 Exercise (AR) 26 10:45 Upwards Board Game (GR) 2:30 Happy Hour ft Seabreeze (GR) 3:30 Pool Game* (GAMR) 7:00 NEW SERIES: Sullivan's Crossing (TH)	10:00 Chair Yoga with Kathy (AR) 27 10:45 Target Practice (GR) 1:00 Crib Tournament* (GR) 1:30 CRAFT: Pinecone Birdfeeder (COUR) 3:00 Knitting Group* (GR) 3:00 Music Bingo (GR) 7:00 SERIES: This Is Us (TH)	10:00 Drumfit Exercise (AR) 28 10:45 Fit Minds (AR) 2:00 Seated Balloon Volleyball (AR) 3:00 ART: Paint & Wine (ART) 7:00 MOVIE: Murder Mystery 2 (TH)
9:30 United Church Service Video (TH) 29 10:00 Crosswords & Activity Sheets* (GR) 2:00 MATINEE: The Rainmaker (TH) 3:00 Board Games* (GR) 7:00 SERIES: Mad Men (TH)	10:00 Chair Tai Chi with Brenda (AR) 30 10:45 Trivia (GR) 1:30 Horse Racing (GR) 2:30 Bingo (GR) 3:00 Knitting Group* (GR) 7:00 DOCUMENTARY SERIES: Our Great National Parks Ep 3 & 4 (TH)					

Locations Legend	
Great Room (GR) Activity Room (AR) Theatre (TH) Games Room (GAMR) Tower Courtyard (COUR) Resident Led Activity (*)	Art Room (ART) Country Kitchen (CK) Front Desk (FD) Courtyard Café (CAFE)



June is

NATIONAL

MEN'S HEALTH

AWARENESS

MONTH

TUCK SHOP

Monday, Wednesday & Friday

2:00pm - 3:00pm

BINGO 25 cents per card

HORSE RACING 10 cents per race

HAPPY HOUR \$2 per drink donation