

May 2025

Poss Place

2638 Ross Lane 250-381-8666 rossplace.ca

32MOKS COMMONTT		Ross Place			1055piace.ca	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend Great Room (GR) Activity Room (AR) Theatre (TH) Games Room (GAMR) Front Desk (FD) Country Kitchen (CK) Courtyard Café (CAFE) Fireside Lounge (FL) Resident Led Activity (*)	NATIONAL ARTHRITIS AWARENESS MONTH	THANK YOU NURSES NATIONAL NURSES WEEK		10:00 Exercise (AR) 10:45 Game of Things (GR) 2:30 Victoria Hospice Fundraiser Happy Hour ft The Gypsy Rovers (GR) 3:30 Pool Game* (GAMR) 7:00 SERIES: The Lincoln Lawyer (TH)	10:00 Chair Yoga with Kathy (AR) 10:45 Rapid Rumble Game (GR) 1:00 Crib Tournament* (GR) 2:00 Ted Talk (TH) 3:00 Knitting Group* (GR) 3:00 Music Bingo (GR) 6:00 Victoria Youth Music Group (GR) 7:00 SERIES: This Is Us (TH)	10:00 Balls & Bands (AR) 10:45 Fit Minds (AR) 1:45 Hike on our Site for Victoria Hospice (GR) 3:00 Making Music with Hand Drums & Percussion (AR) 7:00 MOVIE: Rebecca (TH)
9:30 United Church Service Video (TH) 10:00 Crosswords & Activity Sheets* (GR) 2:00 MATINEE: Mansfield Park (TH) 3:00 Board Games* (GR) 7:00 SERIES: Mad Men (TH)	10:00 Gentle Fit & Stretch (AR) 10:45 Cinco de Mayo Trivia (GR) 1:30 Horseracing (GR) 2:30 Bingo (GR) 3:00 Knitting Group* (GR) 7:00 DOCUMENTARY: Dancing with the Birds (TH) Cinco de Mayo	10:00 Chair Pilates Exercise with Jenn (AR) 10:45 May Trivia (GR) 2:00 Cinco de Mayo Wine & Cheese Social ft. Victor & the Jukebox (GR) 3:00 Seniors Support Discussion Group (CK) 3:15 A Picture is Worth a 1000 Words (GR) 6:30 Card Game Night* (GR)	Appointments 10:00 Falls Prevention Exercise with Dr. McNeill (AR)	8:00 Hearing Aid Cleaning Pick Up (FD) 10:00 Exercise (AR) 10:45 Word Games (AR) 2:30 Happy Hour ft Bart Hoen (GR) 3:30 Shuffleboard* (GAMR) 7:00 SERIES: The Lincoln Lawyer (TH)	10:00 Chair Yoga with Kathy (AR) 10:45 Who or What Am I? Trivia (GR) 1:30 Horseracing (GR) 3:00 Knitting Group* (GR) 3:00 Music Bingo (GR) 6:30 History Presentation with Eric: Canadian History Series (TH)	10:00 Drumfit Exercise 10 (AR) 10:45 Fit Minds (AR) 1:00 BUS: Scenic Drive Dallas Rd & Fairfield (AR) 1:45 Arts & Crafts: Flower Arranging (AR) 3:00 Mother's Day Tea ft Larry McQuarrie (GR) 7:00 MOVIE: The Starling (TH)
9:30 United Church Service Video (TH) 10:00 Crosswords & Activity Sheets* (GR) 2:00 MATINEE: Fried Green Tomatoes (TH) 3:00 Board Games* (GR) 7:00 SERIES: Mad Men (TH)	10:00 Chair Tai Chi with Brenda (AR) 10:45 Famous Mothers' Trivia (GR) 1:00 - 3:00pm Art Exploration with Cynthia (AR) 1:30 Bingo (GR) 3:00 Knitting Group* (GR) 3:00 Ballroom Dancing Demonstration (CAFE) 7:00 DOCUMENTARY SERIES: Our Planet II Ep 1 & 2 (TH)	10:00 Chair Pilates Exercise with Jenn (AR) 10:45 Matching Cards Memory Game (GR) 1:30 Horseracing (GR) 3:00 Dr. Govender Talk on Arthritis (TH) 6:30 Card Game Night* (GR)	9:00 Rides to Medical Appointments & Swimming at Crystal Pool 10:00 Falls Prevention Exercise with Dr. McNeill (AR) 10:45 Jeopardy Trivia (GR) 1:00 BUS: Shopping at Tillicum Mall (AR) 2:00 Bingo (GR) 7:15 Coffee Chat (CR)	10:00 Exercise (AR) 11:15 BUS: Nurses Luncheon at Med Grill (AR) 1:30 Food Meeting with Kevin (CAFE) 2:30 Happy Hour ft Joyz & the Boyz (GR) 3:30 Pool Game* (GAMR) 7:00 SERIES: The Lincoln	10:00 Chair Yoga with Kathy (AR) 10:45 Shut the Box! Board Game (GR) 1:00 Crib Tournament* (GR) 2:00 Seated Balloon Volleyball (AR) 3:00 Knitting Group* (GR) 3:00 Music Bingo (GR) 7:00 SERIES: This Is Us (TH)	Percussion (AR) 3:00 Arts & Crafts: Dandelion Finger Print Art (AR)

3:15 Coffee Chat (GR)

7:00 MOVIE: Rain Man (TH)

Lawyer (TH)

National Nurses Week

Mother's Day



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 United Church Service Video (TH) 10:00 Crosswords & Activity Sheets* (GR) 2:00 MATINEE: The Lightkeepers (TH) 3:00 Board Games* (GR) 7:00 SERIES: Mad Men (TH)	8:45 Victoria Day Parade* view from the Fireside Lounge (FL) 10:00 Meet in the Great Room for Coffee & Conversation* (GR) 2:00 Ping Pong* (AR) 3:00 Knitting Group* (GR) 7:00 DOCUMENTARY SERIES: Our Planet II Ep 3 & 4 (TH) Victoria Day	10:00 Chair Pilates Exercise with Jenn (AR) 10:45 You be the Judge (GR) 1:45 Town Hall Meeting (GR) 2:45 P.A.T.S. Dog Visit (GR) 3:00 Sing-a-long with Brandy Moore (GR) 3:00 Seniors Support Discussion Group (CK) 6:30 Card Game Night* (GR)	9:00 Rides to Medical Appointments 10:00 Falls Prevention Exercise with Dr. McNeill (AR) 10:45 Jeopardy Trivia (GR) 1:00 BUS: Shopping at Hillside Mall/Walmart (AR) 2:00 Bingo (GR) 3:00 ART: Colouring & Conversation (GR) 7:00 MOVIE: The Young & Prodigious T.S. Spivet (TH)	10:00 Exercise (AR) 10:45 Word Games (AR) 2:30 Happy Hour ft Seabreeze (GR) 3:30 Shuffleboard* (GAMR) 7:00 SERIES: The Lincoln Lawyer (TH)	10:00 Chair Yoga with 23 Kathy (AR) 10:45 Who or What Am I? Trivia (GR) 1:30 Horseracing (GR) 3:00 Knitting Group* (GR) 3:00 Music Bingo (GR) 7:00 SERIES: This Is Us (TH)	9:30 Saturday Stroll* (FD) 10:00 Shut the Box! Board Game* (GR) 1:00 BUS: Sip & Stroll - Beacon Hill Park/Drive- In (AR) 2:00 May Flowers & Plants Scavenger Hunt* (FD) 3:00 Ping Pong* (AR) 7:00 MOVIE: Last Vegas (TH) National Scavenger Hunt Day
9:30 United Church Service Video (TH) 10:00 Crosswords & Activity Sheets* (GR) 2:00 MATINEE: All Roads Lead Home (TH) 3:00 Board Games* (GR) 7:00 SERIES: Mad Men (TH)	10:00 Chair Tai Chi with Brenda (AR) 10:45 Trivia (GR) 1:00 - 3:00pm Art Exploration with Cynthia (AR) 1:30 Horseracing (GR) 2:30 Bingo (GR) 3:00 Knitting Group* (GR) 7:00 DOCUMENTARY: Chasing Coral (TH)	10:00 Chair Pilates Exercise with Jenn (AR) 10:45 Matching Cards Memory Game (GR) 2:00 May Birthday Social ft Jesse Thomas Brown (GR) 3:15 Show & Share (GR) 6:30 Card Game Night* (GR)	9:00 Rides to Medical Appointments & Swimming at Crystal Pool 10:00 Falls Prevention Exercise with Dr. McNeill (AR) 10:45 Jeopardy Trivia (GR) 11:15 BUS: Lunch at Mary's Bleue Moon Café (AR) 2:00 Bingo (GR) 3:15 Coffee Chat (GR) 7:00 MOVIE: Heaven is for Real (TH)	10:00 Exercise (AR) 10:45 Rapid Rumble Game (GR) 2:30 Happy Hour ft Fred Chester (GR) 3:30 Pool Game* (GAMR) 7:00 SERIES: The Lincoln Lawyer (TH)	10:00 Chair Yoga with 30 Kathy (AR) 10:45 Game of Things (GR) 1:00 Crib Tournament* (GR) 2:00 Seated Balloon Volleyball (AR) 3:00 Knitting Group* (GR) 3:00 Music Bingo (GR) 7:00 SERIES: This Is Us (TH)	(AR)

Locations Legend

Great Room (GR)
Activity Room (AR)
Theatre (TH)
Games Room (GAMR)
Front Desk (FD)
Country Kitchen (CK)
Courtyard Café (CAFE)
Fireside Lounge (FL)
Resident Led Activity (*)



TUCK SHOP

Monday, Wednesday & Friday 2:00pm - 3:00pm

BINGO HORSERACING HAPPY HOUR

25 cents per card 10 cents per race \$2 per drink donation