


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Locations Legend</u></p> <p>Great Room (GR) Activity Room (AR) Theatre (TH) Country Kitchen (CK) Games Room (GAMR) Front Desk (FD) Courtyard Café (CAFE) Pavilion Private Dining Room (PDR) (*) Resident Led Activity</p>	 <p>PARKINSON'S AWARENESS MONTH</p>	<p>9:30 - 10:30am Pete Hartman Tax Services (CK) 1</p> <p>10:00 Chair Pilates Exercise with Jenn (AR)</p> <p>10:45 Fact or Foolery? Learn all about April Fools around the world (GR)</p> <p>2:00 Matching Cards Memory Game (GR)</p> <p>3:15 A Picture is Worth a 1000 Words (GR)</p> <p>6:30 Card Game Night* (GR)</p> <p>April Fool's Day</p>	<p>9:00 Rides to Medical Appointments & Swimming at Crystal Pool 2</p> <p>10:00 Falls Prevention Exercise with Dr. McNeill (AR)</p> <p>10:45 Jeopardy Trivia (GR)</p> <p>1:00 BUS: Shopping at Tillicum Mall (AR)</p> <p>1:30 Bingo (GR)</p> <p>3:00 Silver Threads Choir Performance (GR)</p> <p>6:30 History Presentation with Eric: Canadian History Series (TH)</p>	<p>10:00 Exercise (AR) 3</p> <p>10:45 Game of Things (GR)</p> <p>1:00 Spring Craft with Michelle (CK)</p> <p>2:30 Parkinsons Wellness Project Fundraising Happy Hour ft Whisky Jack (GR)</p> <p>3:30 Pool Game* (GAMR)</p> <p>7:00 SERIES: The Lincoln Lawyer (TH)</p>	<p>10:00 Chair Yoga with Kathy (AR) 4</p> <p>10:45 Shut the Box! Game (GR)</p> <p>1:00 Crib Tournament* (GR)</p> <p>2:00 ART: Drawing for Fun! (AR)</p> <p>3:00 Knitting Group* (GR)</p> <p>3:00 Music Bingo (GR)</p> <p>6:00 Victoria Youth Music Group (GR)</p> <p>7:00 SERIES: This Is Us (TH)</p>	<p>10:00 Balls & Bands (AR) 5</p> <p>10:45 Fit Minds (AR)</p> <p>1:00 BUS: Youth World Cup Soccer at JDF Centre (AR)</p> <p>2:00 Rapid Rumble Game NEW! (GR)</p> <p>3:00 Target Practice (GR)</p> <p>7:00 MOVIE: Runaway Jury (TH)</p>
<p>9:30 United Church Service Video (TH) 6</p> <p>10:00 Crosswords & Activity Sheets* (GR)</p> <p>2:00 MATINEE: Love Again (TH)</p> <p>3:00 Board Games* (GR)</p> <p>7:00 SERIES: Mad Men (TH)</p>	<p>10:00 Chair Tai Chi with Brenda (AR) 7</p> <p>10:45 April Trivia (GR)</p> <p>1:30 Horseracing (GR)</p> <p>2:30 Bingo (GR)</p> <p>3:00 Knitting Group* (GR)</p> <p>7:00 DOCUMENTARY: The Minimalists Less is Now (TH)</p>	<p>9:30 - 10:30am Pete Hartman Tax Services (CK) 8</p> <p>10:00 Chair Pilates Exercise with Jenn (AR)</p> <p>10:45 You be the Judge (GR)</p> <p>2:00 New Resident Wine & Cheese Social ft Byron Woods (GR)</p> <p>3:15 Colouring & Conversation (GR)</p> <p>6:30 Card Game Night* (GR)</p>	<p>9:00 Rides to Medical Appointments 9</p> <p>10:00 Falls Prevention Exercise with Dr. McNeill (AR)</p> <p>10:45 Jeopardy Trivia (GR)</p> <p>1:00 BUS: Shopping at Hillside Mall (AR)</p> <p>2:00 Bingo (GR)</p> <p>3:00 Coffee Chat (GR)</p> <p>7:00 MOVIE: Eat Pray Love (TH)</p>	<p>8:00 Hearing Aid Cleaning Pick Up (FD) 10</p> <p>9:00 Spec Savers Complimentary Eye Glass Cleaning & Repair Service (GR)</p> <p>10:00 Exercise (AR)</p> <p>10:45 Word Games (AR)</p> <p>2:30 Happy Hour ft Sean McCool (GR)</p> <p>3:30 Shuffleboard* (GAMR)</p> <p>7:00 SERIES: The Lincoln Lawyer (TH)</p>	<p>10:00 Chair Yoga with Kathy (AR) 11</p> <p>10:45 Who or What Am I? Trivia (GR)</p> <p>2:00 Seated Balloon Volleyball (AR)</p> <p>3:00 Knitting Group* (GR)</p> <p>3:00 Music Bingo (GR)</p> <p>7:00 SERIES: This Is Us (TH)</p>	<p>10:00 Balls & Bands (AR) 12</p> <p>10:45 Fit Minds (AR)</p> <p>1:00 BUS: Signs of Spring Blossom Scenic Drive (AR)</p> <p>2:00 Making Music with Hand Drums & Percussion (AR)</p> <p>3:00 Arts & Crafts - Painting Easter plaster eggs & rabbits (AR)</p> <p>7:00 MOVIE: Apollo 13 (TH)</p>
<p>9:30 United Church Service Video (TH) 13</p> <p>10:00 Crosswords & Activity Sheets* (GR)</p> <p>2:00 MATINEE: Benji (TH)</p> <p>3:00 Scrabble* (GR)</p> <p>7:00 SERIES: Mad Men (TH)</p> <p>Scrabble Day</p>	<p>10:00 Gentle Fit & Stretch (AR) 14</p> <p>10:45 Trivia (GR)</p> <p>1:00 - 3:00pm Art Exploration with Cynthia (AR)</p> <p>1:30 Horseracing (GR)</p> <p>2:30 Bingo (GR)</p> <p>3:00 Knitting Group* (GR)</p> <p>7:00 DOCUMENTARY: Hack Your Health: The Secrets of the Gut (TH)</p>	<p>9:30 - 10:30am Pete Hartman Tax Services (CK) 15</p> <p>10:00 Chair Pilates Exercise with Jenn (AR)</p> <p>1:00 - 3:00pm Saje Natural Wellness Product Sale (GAMR)</p> <p>2:45 P.A.T.S. Dog Visit (GR)</p> <p>3:00 Dr. Clem Talk: The Gut/Brain Connection (TH)</p> <p>6:30 Card Game Night* (GR)</p>	<p>9:00 Rides to Medical Appointments & Swimming at Crystal Pool 16</p> <p>10:00 Gentle Fit & Stretch (AR)</p> <p>10:45 Jeopardy Trivia (GR)</p> <p>11:15 BUS: Lunch at Ross Bay Pub (AR)</p> <p>2:00 Bingo (GR)</p> <p>3:00 Game of Things (GR)</p> <p>7:00 MOVIE: "A Bear Named Winnie" (TH)</p> <p>Canadian National Film Day</p>	<p>10:00 Exercise (AR) 17</p> <p>10:45 Creating Haiku Poems with AI Technology (TH)</p> <p>1:30 Food Meeting with Kevin (CAFE)</p> <p>2:30 Happy Hour ft Joyz & the Boyz (GR)</p> <p>3:30 Pool Game* (GAMR)</p> <p>7:00 Avalon Singers Performance (GR)</p> <p>7:00 SERIES: The Lincoln Lawyer (TH)</p> <p>Haiku Poetry Day</p>	<p>10:00 Balls & Bands (AR) 18</p> <p>10:45 Fit Minds (AR)</p> <p>1:00 Crib Tournament* (GR)</p> <p>1:45 Ted Talk (TH)</p> <p>3:00 Knitting Group* (GR)</p> <p>3:00 Music Bingo (GR)</p> <p>7:00 SERIES: This Is Us (TH)</p> <p>Good Friday</p>	<p>10:00 Easter Activity Sheets & Crosswords* (GR) 19</p> <p>2:00 Ukranian Easter Egg Display with Joyce (GR)</p> <p>3:00 Ping Pong* (AR)</p> <p>7:00 MOVIE: All Saints (TH)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 United Church Service Video (TH) 20</p> <p>2:00 MATINEE: Peter Rabbit (TH)</p> <p>3:00 Board Games* (GR)</p> <p>7:00 SERIES: Mad Men (TH)</p> 	<p>10:45 Easter Activity Sheets & Colouring* (GR) 21</p> <p>2:00 Meet in the Great Room for Coffee & Conversation* (GR)</p> <p>3:00 Knitting Group* (GR)</p> <p>7:00 DOCUMENTARY SERIES: Mysteries of the Faith Ep 1 & 2 (TH)</p> <p>Easter Monday</p> <p>National Volunteer Week</p>	<p>9:30 - 10:30am Pete Hartman Tax Services (CK) 22</p> <p>10:00 Chair Pilates Exercise with Jenn (AR)</p> <p>10:45 Interesting Facts About Earth (GR)</p> <p>1:45 Town Hall Meeting (GR)</p> <p>3:00 Horseracing (GR)</p> <p>6:30 Card Game Night* (GR)</p> 	<p>9:00 Rides to Medical Appointments 23</p> <p>10:00 Falls Prevention Exercise with Dr. McNeill (AR)</p> <p>10:45 Jelly Bean Guess (GR)</p> <p>1:00 BUS: Shopping at Hillside Mall/Walmart (AR)</p> <p>2:00 Bingo (GR)</p> <p>3:00 Resident Survey Results (TH)</p> <p>7:00 MOVIE: Gifted (TH)</p> <p>Jelly Bean Day</p>	<p>10:00 Exercise (AR) 24</p> <p>10:40 Resident Survey Results (TH)</p> <p>11:30 Resident Volunteers Recognition Lunch (PDR)</p> <p>2:30 Happy Hour ft Seabreeze (GR)</p> <p>3:30 Shuffleboard* (GAMR)</p> <p>7:00 SERIES: The Lincoln Lawyer (TH)</p>	<p>10:00 Chair Yoga with Kathy (AR) 25</p> <p>10:45 Who or What Am I? Trivia (GR)</p> <p>2:00 Seated Balloon Volleyball (AR)</p> <p>3:00 Knitting Group* (GR)</p> <p>3:00 Music Bingo (GR)</p> <p>7:00 SERIES: This Is Us (TH)</p>	<p>10:00 Drumfit Exercise (AR) 26</p> <p>10:45 Fit Minds (AR)</p> <p>1:00 BUS: Sip & Stroll Oak Bay Marina Walk & Café (AR)</p> <p>1:30 Dice Bingo (GR)</p> <p>3:00 Paint & Wine (AR)</p> <p>7:00 MOVIE: Dirty Dancing (TH)</p>
<p>9:30 United Church Service Video (TH) 27</p> <p>10:00 Crosswords & Activity Sheets* (GR)</p> <p>2:00 MATINEE: The Boy Who Harnessed the Wind (TH)</p> <p>3:00 Board Games* (GR)</p> <p>7:00 SERIES: Mad Men (TH)</p>	<p>10:00 Chair Tai Chi with Brenda (AR) 28</p> <p>10:45 Trivia (GR)</p> <p>1:00 - 3:00pm Art Exploration with Cynthia (AR)</p> <p>1:30 Horseracing (GR)</p> <p>2:30 Bingo (GR)</p> <p>3:00 Knitting Group* (GR)</p> <p>7:00 DOCUMENTARY SERIES: Mysteries of the Faith Ep 3 & 4 (TH)</p>	<p>9:30 - 10:30am Pete Hartman Tax Services (CK) 29</p> <p>10:00 Chair Pilates Exercise with Jenn (AR)</p> <p>10:45 Matching Cards Memory Game (GR)</p> <p>2:00 April Birthday Social ft. K-Tones (GR)</p> <p>3:15 Show & Share (GR)</p> <p>6:30 Card Game Night* (GR)</p>	<p>9:00 Rides to Medical Appointments & Swimming at Crystal Pool 30</p> <p>10:00 Falls Prevention Exercise with Dr. McNeill (AR)</p> <p>10:45 Jeopardy Trivia (GR)</p> <p>1:00 BUS: Shopping at Westshore Mall (AR)</p> <p>2:00 Bingo (GR)</p> <p>3:00 Coffee Chat (GR)</p> <p>7:00 MOVIE: Field of Dreams (TH)</p>	 <p>Thank You to our Volunteers</p>		

Locations Legend

- Great Room (GR)
- Activity Room (AR)
- Theatre (TH)
- Country Kitchen (CK)
- (*) Resident Led Activity
- Games Room (GAMR)
- Front Desk (FD)
- Courtyard Café (CAFE)
- Pavilion Private Dining Room (PDR)



TUCK SHOP
Monday, Wednesday & Friday
2:00pm - 3:00pm

BINGO **25 cents per card**
HORSERACING **10 cents per race**
HAPPY HOUR **\$2 per drink donation**