

# October 2021

2638 Ross Lane 250-381-8666 rossplace.ca

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>LEGEND:</b> GR Great Room TH Theatre AR Activity Room LIB Library (Tower) TCY Tower Courtyard RP Rooftop Patio (Pavilion) FL Fireside Lounge	<b>BINGO:</b> 25 cents per card  <b>HORSE RACING:</b> \$1.10 in nickels or dimes  <b>HAPPY HOUR:</b> \$2 donation per drink	Check out Ross Place Seniors Community on Facebook!  Like, comment & share with your family & friends!	<b>TUCK SHOP:</b> Monday, Wednesday & Friday 2:00-3:00pm  <b>Pavilion Dining Room Meal Times:</b> Breakfast: 7:30am-9:00am Lunch: 11:15am-12:45pm Dinner: 4:15pm-5:45pm  Sign up at the Front Desk for bus trips  *Denotes Resident-led Activity	<b>1 National Seniors Day</b> 10:00 Chair Yoga with Kathy AR 11:00 Target Practice GR 2:00 Horse Racing GR 3:15 Knitting Group* GR 3:15 Pavilion Cranium Crunch AR 7:00 "Snowy River" TH	<b>2</b> 10:00 Balls & Bands AR 11:00 Fit Minds FL 2:00 Bingo GR 3:30 Get Crafty with Hannah: Autumn Window Display	
<b>3</b> 10:00 United Church Service Video TH 11:00 Meditation LIB 2:00 Kathy's Chair Yoga Video AR 3:15 Music Bingo GR 7:00 "The Crown" TH	<b>4</b> 10:00 Gentle Fit AR 1:30 BUS: Oak Bay Marina Walk AR 3:00 Knitting Group* GR 3:30 Shut the Box LIB 7:00 "Seeing Canada Ep. 1-3" TH	<b>5</b> 9:45 Exercise TWR (Floors 2, 4 & 8) 10:30 Exercise AR 2:00 Wine & Cheese Social GR 3:15 Tower Cranium Crunch LIB 6:30 Card Game Night* GR	<b>6</b> 9:15-11:30 Appointment Bus AR 10:00 Bingo GR 11:00 Trivia GR 1:30 BUS: Tillicum Mall AR 2:00 Maritime Museum on Zoom: Immigration to West Coast of BC TH 3:15 Questions & Conversation Game GR 7:00 "First Life Ep. 1" TH	<b>7</b> 9:45 Exercise TWR (Floors 2, 4 & 8) 10:00 Walker/Scooter Tune-Up GR 10:30 Exercise AR 2:00 Shuffleboard GR 3:00 Happy Hour GR ft. Eric McQuillan	<b>8</b> 10:00 Chair Yoga with Kathy AR 11:00 Video Trivia TH 2:00 Horse Racing GR 3:15 Knitting Group* GR 3:15 Pavilion Cranium Crunch AR 7:00 "Snowy River" TH	
<b>10</b> 10:00 United Church Service Video TH 2:00 Sing-a-long AR 3:00 Shuffleboard* GR 7:00 "The Crown" TH  Thanksgiving Dinner	<b>11</b> 10:00 Crosswords* GR 3:00 Knitting Group* GR 3:30 Shut the Box* GR <b>SEE FD FOR GAME</b> 7:00 "Seeing Canada Ep. 4-6" TH  Happy Thanksgiving	<b>12</b> 9:45 Exercise TWR (Floors 2 & 4) 10:30 Exercise AR 2:00 Chef Demo GR 3:15 Tower Cranium Crunch LIB 6:30 Card Game Night* GR	<b>13</b> 9:15-11:30 Appointment Bus AR 10:00 Bingo GR 11:00 Trivia GR 1:30 BUS: Mattick's Farm Shopping AR 2:00 Legislative Library Treasures on Zoom TH 3:15 Armchair Travel to London, England TH 7:00 "First Life Ep. 2" TH	<b>14</b> 8:00 Hearing Aid Cleaning Pick Up FD 9:45 Exercise TWR (Floors 2, 4 & 8) 10:30 Exercise AR 3:00 Happy Hour GR ft. L & L Musical Show	<b>15</b> 10:00 Chair Yoga with Kathy AR 11:00 Target Practice GR 2:00 Horse Racing GR 3:15 Knitting Group* GR 3:15 Pavilion Cranium Crunch AR 7:00 "Snowy River" TH	
		<b>16</b> 10:00 Balls & Bands AR 11:00 Fit Minds FL 2:00 Bingo GR 3:30 Get Crafty with Hannah: Festival of Trees Decoration Making AR				

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> 10:00 United Church Service Video TH 11:00 Meditation LIB 2:00 Kathy's Chair Yoga Video AR 3:15 Music Bingo GR 7:00 "The Crown" TH	<b>18</b> 10:00 Gentle Fit AR 1:30 BUS: View Royal Casino AR 3:00 Knitting Group* GR 3:30 Shut the Box LIB 7:00 "Seeing Canada Ep. 7-9" TH	<b>19</b> 9:45 Exercise TWR (Floors 2, 4 & 8) 10:30 Exercise AR 1:45 Town Hall Meeting GR 3:15 Tower Cranium Crunch LIB 6:30 Card Game Night* GR	<b>20</b> 9:15-11:30 Appointment Bus AR 10:00 Bingo GR 11:00 Trivia GR 1:30 BUS: Galey Farms AR 2:00 Questions & Conversation Game GR 3:00 Rick Searle Presentation TH 7:00 "First Life Ep. 3" TH	<b>21</b> 9:45 Exercise TWR (Floors 2, 4 & 8) 10:30 Exercise AR 2:30 Emergency Preparedness Talk GR 3:00 Oktoberfest Happy Hour GR ft. Two Among Friends  Shakeout BC	<b>22</b> 10:00 Chair Yoga with Kathy AR 11:00 Video Trivia TH 2:00 Horse Racing GR 3:15 Knitting Group* GR 3:15 Pavilion Cranium Crunch AR 7:00 "Snowy River" TH	<b>23</b> 10:00 Balls & Bands AR 11:00 Fit Minds FL 2:00 Saturday Social ft. Joyz & the Boyz GR 3:30 Get Crafty with Hannah: Pumpkin Decorating AR
<b>24</b> 10:00 United Church Service Video TH 11:00 Meditation LIB 2:00 Sing-a-long AR 3:15 Friendship Ambassador Mtg AR 7:00 "The Crown" TH	<b>25</b> 10:00 Gentle Fit AR 1:30 BUS: Goldstream Park Salmon Run AR 3:00 Knitting Group* GR 3:30 Shut the Box LIB 7:00 "Seeing Canada Ep. 10-12" TH	<b>26</b> 9:45 Exercise TWR (Floors 2, 4 & 8) 10:30 Exercise AR 2:00 October Birthday Social ft. Jean Bedard GR 3:15 Tower Cranium Crunch LIB 6:30 Card Game Night* GR	<b>27</b> 9:15-11:30 Appointment Bus AR 10:00 Bingo GR 11:00 Trivia GR 1:30 BUS: Hillside Mall AR 2:00 Memory Matching Game GR 3:15 Armchair Travel to Stockholm, Sweden TH 7:00 "Top Cats" TH	<b>28</b> 9:45 Exercise TWR (Floors 2, 4 & 8) 10:30 Exercise AR 2:30 Costume Contest GR 3:00 Halloween Happy Hour GR ft. Guys & Dolls	<b>29</b> 10:00 Chair Yoga with Kathy AR 11:00 Target Practice GR 2:00 Horse Racing GR 3:15 Knitting Group* GR 3:15 Pavilion Cranium Crunch AR 7:00 "Snowy River" TH	<b>30</b> 10:00 Balls & Bands AR 11:00 Fit Minds FL 2:00 Bingo GR 3:30 Get Crafty with Hannah: Festival of Trees Decoration Making AR
<b>31</b> 10:00 United Church Service Video TH 2:00 Sing-a-long AR 3:00 Shuffleboard* GR 3:00 "Addams Family" TH 7:00 "The Crown" TH  Happy Halloween						