

# January 2021

2638 Ross Lane 250-381-8666 rossplace.ca

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GR Great Room TH Theatre AR Activity Room FD Meet at Front Desk LIB Library (Tower) TWR Tower PAV DR Pavilion Dining Room	<b>BINGO: 25 cents/card</b> <b>HORSE RACING:</b> <b>\$1.10 in nickels/dimes</b> <b>HAPPY HOUR: \$2</b> <b>donation per drink</b> * Denotes Resident- Led Activity	<b>BUS TRIPS:</b> Maximum 6 seats & 2 wheelchairs. Meet in AR. <b>TUCK SHOP DELIVERIES:</b> Place your order by noon on Tuesdays for delivery on Thursdays. Tuck Shop open M-F 2-3 <b>BORED BOARD:</b> Beginning Tuesday, January 12 <sup>th</sup> , stop by the Great Room to pick up a selection of puzzles & craft projects to enjoy in your suite. <b>ACTIVITY SIGN UPS:</b> Sign up for January programs Saturday, January 8 <sup>th</sup> in the Great Room from 9:30-11:30am.			10:00 Meditation LIB 1 1:30 Horse Racing #1 GR 2:30 Horse Racing #2 GR 3:15 Knitting Group* GR 3:15 Pavilion Cranium Crunch AR 7:00 Movie Night TH  <b>New Year's Day</b>	9:45 Balls & Bands #1 AR 2 10:30 Balls & Bands #2 AR 1:30 Bingo #1 GR 2:30 Bingo #2 GR 3:15 Literature Circle GR
10:00 Crosswords* GR 3 10:00 United Church Service Video TH 2:00 Ted Talk* TH "How We Can Use Light to See Inside Our Bodies" <b>3:00 Concerts in Care Video TH</b> 7:00 Movie Night TH	10:00 Walk the Block* FD 4 2:00 Book Club LIB <b>NEW</b> 3:00 Knitting Group* GR 7:00 Movie Night TH	9:45 Exercise TWR (Floors 2, 4, 6 & 8) 5 10:30 Exercise AR 2:00 BUS: Farms & Fields Scenic Drive #1 AR 2:00 Pavilion Trivia AR 3:15 Tower Cranium Crunch LIB	9:30 Bingo #1 GR 6 10:30 Bingo #2 GR 2:00 BUS: Farms & Fields Scenic Drive #2 AR 2:00 Tower Trivia LIB 3:15 Show & Share GR 7:00 Documentary TH	9:45 Exercise TWR (Floors 2, 4, 6 & 8) 7 10:30 Exercise AR 2:00 Happy Hour PAV DR 3:30 Scattergories GR  Tuck Shop Deliveries AM	10:00 Meditation LIB 8 10:00 Music & Moves Chair Dance AR 1:30 Horse Racing #1 GR 2:30 Horse Racing #2 GR 3:15 Knitting Group* GR 3:15 Pavilion Cranium Crunch AR 7:00 Movie Night TH	9:45 Balls & Bands #1 AR 9 10:30 Balls & Bands #2 AR 1:30 Bingo #1 GR 2:30 Bingo #2 GR 3:15 Arts & Crafts AR
10:00 Crosswords* GR 10 2:00 Colour & Conversation* GR <b>6:00 Concerts in Care Video: String Quartet TH</b> 7:00 "She's All That" TH  Power Outage 8:00am-4:00pm	10:00 Gentle Fit AR 11 2:00 Book Club LIB <b>2:00 Food Meeting PAV DR</b> 2:00 BUS: 10 Mile Point Scenic Drive #1 AR 3:00 Knitting Group* GR 3:30 Shut the Box LIB 7:00 "Richie Rich" TH	9:45 Exercise TWR (Floors 2, 4, 6 & 8) 12 10:30 Exercise AR <b>2:00 Rick Searle on Zoom: Caribbean Adventure TH</b> 3:15 Tower Cranium Crunch LIB	9:30 Bingo #1 GR 13 10:30 Bingo #2 GR 2:00 BUS: Brentwood Bay Scenic Drive #1 AR 2:00 Who Am I? Trivia LIB 3:15 Literature Circle GR 7:00 "Chasing Coral" TH	<b>8:00 NexGen Hearing Aid Cleaning Pick Up FD</b> 14 9:45 Exercise TWR (Floors 2, 4, 6 & 8) 10:30 Exercise AR 2:00 Happy Hour PAV DR 3:30 Target Practice AR Tuck Shop Deliveries AM	10:00 Meditation LIB 15 10:00 Music Bingo GR 1:30 Horse Racing #1 GR 2:00 BUS: Metchosin Scenic Drive #1 AR 2:30 Horse Racing #2 GR 3:15 Knitting Group* GR 3:15 Pavilion Cranium Crunch AR 7:00 "School of Rock" TH	9:45 Balls & Bands #1 AR 16 10:30 Balls & Bands #2 AR 1:30 Bingo #1 GR 2:30 Bingo #2 GR 3:30 Crafts with Carly: Scottish Thistles AR

<p>10:00 Crosswords* GR 17  10:00 United Church Service Video TH  2:00 Ted Talk* TH  “Why Some of us Don’t Have One True Calling”  3:00 Concerts in Care Video TH  7:00 “Noah” TH</p>	<p>10:00 Gentle Fit AR 18  2:00 BUS: Brentwood Bay Scenic Drive #2 AR  3:00 Knitting Group* GR  3:30 Shut the Box LIB  7:00 “I Can Only Imagine” TH</p>	<p>9:45 Exercise TWR 19  (Floors 2, 4, 6 &amp; 8)  10:30 Exercise AR  2:00 Alzheimer Society BC Video: An Introduction to Brain Health TH  3:15 Tower Cranium Crunch LIB</p>	<p>9:30 Bingo #1 GR 20  10:30 Bingo #2 GR  1:45 Town Hall Meeting PAV DR  3:00 BUS: 10 Mile Point Scenic Drive #2 AR  3:15 Show &amp; Share GR  7:00 “First Man” TH</p>	<p>9:45 Exercise TWR 21  (Floors 2, 4, 6 &amp; 8)  10:30 Exercise AR  2:00 Happy Hour PAV DR  3:30 Target Practice AR  Tuck Shop Deliveries AM</p>	<p>10:00 Meditation LIB 22  10:00 Music &amp; Moves Chair Dance AR  1:30 Horse Racing #1 GR  2:00 BUS: Brentwood Bay Scenic Drive #3 AR  2:30 Horse Racing #2 GR  3:15 Knitting Group* GR  3:15 Pavilion Cranium Crunch AR  7:00 “Save the Last Dance” TH</p>	<p>9:45 Balls &amp; Bands #1 AR 23  10:30 Balls &amp; Bands #2 AR  1:30 Bingo #1 GR  2:30 Bingo #2 GR  3:30 Carpet Bocce AR</p>
<p>10:00 Crosswords* GR 24  10:00 United Church Service Video TH  2:00 Ted Talk* TH  “What Explains the Rise of Humans?”  3:00 Concerts in Care Video TH  7:00 “50 First Dates” TH</p>	<p>9:30 Gentle Fit AR 25  10:30 Robbie Burns Day Trivia AR  2:00 Book Club LIB  2:00 Robbie Burns Day Celebration PAV DR  3:00 Knitting Group* GR  3:30 Shut the Box LIB</p>	<p>9:45 Exercise TWR 26  (Floors 2, 4, 6 &amp; 8)  10:30 Exercise AR  2:00 January Birthday Social PAV DR  3:30 Tower Cranium Crunch LIB</p>	<p>9:30 Bingo #1 GR 27  10:30 Bingo #2 GR  2:00 BUS: Metchosin Scenic Drive #2 AR  2:00 Who Am I? Trivia LIB  3:15 Literature Circle GR  7:00 “Mama Mia: Here We Go Again” TH</p>	<p>9:45 Exercise TWR 28  (Floors 2, 4, 6 &amp; 8)  10:30 Exercise AR  2:00 Happy Hour PAV DR  3:30 Target Practice AR  Tuck Shop Deliveries AM</p>	<p>10:00 Meditation LIB 29  10:00 Music Bingo GR  1:30 Horse Racing #1 GR  2:00 BUS: 10 Mile Point Scenic Drive #3 AR  2:30 Horse Racing #2 GR  3:15 Knitting Group* GR  3:15 Pavilion Cranium Crunch AR  7:00 “Letters to Juliet” TH</p>	<p>9:30 February Activity Sign Ups GR 30  9:45 Balls &amp; Bands #1 AR  10:30 Balls &amp; Bands #2 AR  1:30 Bingo #1 GR  2:30 Bingo #2 GR  3:30 Crafts with Carly: Valentine’s Day Cards AR</p>
<p>10:00 Crosswords* GR 31  10:00 United Church Service Video TH  2:00 Ted Talk* TH  “Feats of Memory Anyone Can Do”  3:00 Concerts in Care Video TH  7:00 “Florence Foster Jenkins” TH</p>	<p>7:00 Victoria Police Pipe Band’s Burns Night Concert TH    Robert Burns Day</p>					