

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>BREAKFAST:</u>	Scrambled Eggs and Sausage	Pancakes and Bacon	Poached Eggs and Sausage	Fried Eggs and Bacon	French Toast and Sausage	Cheese Omelet and Bacon	Waffles and Sausage
<u>LUNCH:</u>							
DAILY SOUP	Mulligatawny	Turkey Noodle	Tomato Vegetable	Roasted Red Pepper & Tomato Bisque	Chicken Noodle	Cream of Mushroom	Creamy Vegetable
FEATURED ENTREE	Monte Cristo Sandwich	Beef Stroganoff with Egg Noodles	Egg Salad Sandwich on a Croissant	Salmon Melt	Pasta Salad with Pork Tenderloin	Hamburger with Crispy Onions	Double Smoked Bacon Eggs Benedict
SIDE DISH	Fruit Salad or Green Salad	Vegetables or Fruit	Green Salad or Fruit	Fruit Salad or Green Salad	Green Salad or Fruit	Green Salad or Fruit	Fruit
DESSERT	Choice of always available dessert – pudding, yogurt, jello, ice cream, fruit						
APPETIZER	3-Bean Salad	Samosa & Chutney	Popcorn Shrimp	Green Salad	Butter Lettuce with Blue Cheese & Balsamic	Zucchini Sticks	Coleslaw
FEATURED ENTREE	Chicken Scallopini with Lemon Butter Sauce	Salmon with Roasted Red Pepper Cream Sauce	Pork Roast Tenderloin with Pan Gravy	Roasted Beer Can Chicken with Chicken Gravy	Grilled Cod with Beurre Blanc	Honey Garlic Chicken Thighs	Slow Roasted BBQ Ribs
STARCH	Spaghetti Pasta or Mashed Potatoes	Herb Rice or Mashed Potatoes	Roasted Yams or Mashed Potatoes	Fried Rice or Mashed Potatoes	Buttered Noodles or Mashed Potatoes	Rice Pilaf (rice with vegetable) or Mashed Potatoes	Twice Baked Potato or Mashed Potatoes
VEGETABLE	Zucchini	Steamed Spinach	Broccoli	Peas	Roasted Squash	Sautéed Peppers	Confetti Corn
VEGETABLE	Corn	Roasted Tomatoes	Carrots	Cauliflower with Béchamel Sauce	Asparagus	Roasted Sweet Potato	Orange Glazed Carrots
DESSERT	Boston Cream Pie	Chocolate Peanut Butter Cheesecake	Raisin Rice Pudding	Strawberry Shortcake	Black Forest Cake	Mango Ice Cream	Sticky Pudding Cake
Beverage Selection Every Meal		Coffee, Tea, Green Tea, Milk, Water, Juice (apple, orange, cranberry, tomato, V8)					